

Volunteer Form



Red Team- High Activity Level

Weeding, moving soil, raking, shoveling, transplanting, outdoor area maintenance, standing and lifting as needed. Ready to get your hands in the dirt!



Yellow Team- Medium Activity

Watering, planting, harvesting, outdoor garden area work, cut flowers, standing or sitting tasks. Minimal lifting as tolerated.



Green Team- Light Activity

Pruning, dead heading, light water, education support, assemble packets, data entry, planting flowers & more. Seated activities available.

To sign up for volunteering opportunities-complete and return the following below:

ProMedica.Farms@ProMedica.org or Call 517-577-1020

Name: _____

Address: _____

Phone Number: _____

Email: _____

Group/School: _____

Emergency Contact: _____