



**RUSSELL J. EBEID CHILDREN'S  
HOSPITAL**

**2025 COMMUNITY HEALTH NEEDS ASSESSMENT  
IMPLEMENTATION PLAN (2026-2028)**

Approved and Adopted by the Russell J. Ebeid Children's Hospital Board of Trustees  
November 11, 2025

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**EXECUTIVE SUMMARY**

ProMedica Russell J. Ebeid Children’s Hospital, operating as part of ProMedica Toledo Hospital and a member of ProMedica Health System, is a committed healthcare resource in northwest Ohio and southeast Michigan, providing acute inpatient care, emergency services, specialty medical and mental health services. As a not-for-profit hospital, all patients are treated regardless of their ability to pay. ProMedica’s mission is to improve the health and well-being of the communities we serve.

ProMedica Russell J. Ebeid Children’s Hospital conducted and adopted this community health needs assessment (CHNA) in 2025 and will implement the associated three-year strategic plan beginning in 2026. ProMedica hospitals participated in the 2022/2023 Lucas County Community Health Assessment (CHA) which was cross-sectional in nature and included collection and analysis of child, adolescent and adult data. Active engagement of community members throughout the planning process is regarded as an important step in completing a valid needs assessment. To maintain complete objectivity throughout the county CHA survey process, the network engaged the expert services of the Hospital Council of Northwest Ohio (HCNO) to administer the survey and compile the results. A resource assessment and gap analysis were completed as part of this process. Following the formal county health assessment process, ProMedica staff collaborated with multiple community organizations to develop a Community Health Improvement Plan (CHIP) for Lucas County.

In 2025, ProMedica Russell J. Ebeid Children’s Hospital convened a CHNA committee to review the most recent Lucas County CHA and CHIP, considering the gap and resource assessments. The committee then selected and prioritized key indicators for their defined community, identified resources and gaps in these areas, and developed implementation plans to address these priority health needs in the community over the next three years, considering the needs of minority and underserved populations. The hospitals received feedback on the CHNA and plan from the Toledo Lucas County Health Department, to confirm these needs from a community health expert perspective.

ProMedica Russell J. Ebeid Children’s Hospital will specifically implement programs to address the following health needs, listed in priority order:

1. Behavioral Health
2. Food and Social Needs
3. Chronic Disease – Asthma
4. Healthy Behaviors – Maternal/Infant Health

ProMedica Health System community health programs and initiatives are developed and implemented with Social Determinants of Health, healthy aging, infant mortality and Diversity, Equity and Inclusion as core strategic priorities addressing health disparities and inequities

across the communities ProMedica serves. The full ProMedica Russell J. Ebeid Children's Hospital CHNA may be accessed at: <https://www.promedica.org/about-promedica/community>.

## **IMPLEMENTATION PLAN**

The board of trustees of ProMedica Russell J. Ebeid Children's Hospital has determined that the following health needs identified in the CHNA should be addressed through the implementation strategy noted for each such need:

### **1. Health Priority: Behavioral Health**

#### **2022/2023 Youth-Specific Needs Identified in CHNA (6<sup>th</sup>-12<sup>th</sup> grade statistics used):**

- More than one-third (34%) of Lucas County youth reported they felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, increasing to 42% of females.
- Eleven percent (11%) of youth reported they had seriously considered attempting suicide in the past year.
- In the past year, 8% of Lucas County youth had attempted suicide. Three percent (3%) of youth had made more than one attempt.
- Six percent (6%) of those who attempted suicide in the past year resulted in injury, poisoning, or overdose that had to be treated by a doctor or nurse.
- More than one-third (35%) of Lucas County youth had been bullied in the past year.
- In the past year, 31% of youth were bullied on school property.

#### **Implementation Strategies:**

1. Continue to provide the Teen PEP (Peers Educating Peers) program to address dating violence and bullying by delivering peer-led prevention education to middle and high school students, and measure impact through retrospective testing of Teen PEP participants
2. Offer Caring Contacts text messaging
3. Provide evidenced-based suicide risk assessment for kids beginning at age 8

#### **Outcome Measures:**

- Number of student leaders and student participants in school Teen PEP program
- % of Teen PEP participants increasing their knowledge by pre and post surveys
- Number of youth reached through Caring Contacts text messaging
- Number of suicide risk assessments completed, and number of resources/referrals provided

## **2. Health Priority: Food and Social Needs**

### **2022/2023 Youth Specific Needs Identified in CHNA:**

- During the past month, youth went to bed hungry because there was not enough food in their home at the following frequencies: never (64%), rarely (19%), sometimes (11%), most of the time (5%), and always (1%).

### **Implementation Strategies:**

1. Screen pediatric patients for food insecurity at ProMedica RJECH campus and pediatric outpatient clinics and offer referral to no cost ProMedica Food Clinics for monthly food for household
2. Screen pediatric inpatients for food insecurity and offer food at discharge, with community food resource listing
3. Provide information about no cost Financial Opportunity Center programs to community

### **Outcome Measures:**

- Number of pediatric patients served by ProMedica CHS Food Clinic
- Number of pediatric inpatients who screen positive for food insecurity who accepted food at discharge with community food resource listing
- Number of pediatric patient families provided with information about no cost Financial Opportunity Center programs

## **3. Health Priority: Chronic Disease – Diabetes**

### **2022/2023 Youth/Child Specific Needs Identified in CHNA:**

- One-fifth (20%) of Lucas County youth were classified as obese by BMI calculations.
- Sixteen percent (16%) of youth were classified as overweight.
- Twenty-nine percent (29%) of youth ate five or more servings of fruits and/or vegetables per day. 30% of youth ate three to four servings, and 31% of youth ate one to two servings.
- Ten percent (10%) of youth ate zero servings of fruits and/or vegetables per day.
- On an average school day, Lucas County youth spent 4.4 hours on a cell phone, 2.3 hours playing video games, 2.2 hours watching TV, and 2.1 hours on a computer/tablet.
- One-third (33%) of youth spent three or more hours watching TV on an average school day.
- Youth spent the most time doing the following physical activity or exercise during the past year: running/jogging (22%), walking (21%), strength training (9%), swimming (8%), active video games (3%), exercise machines (3%), exercise through their job (2%), group exercise classes (2%), cycling (2%), exercise videos (1%), and other (16%). Twelve percent (12%) of youth reported they did not exercise within the past year, including 1% who were unable to exercise.

**Implementation Strategies:**

1. Provide education and outreach regarding prevention, signs and symptoms, and management of Type I and Type II diabetes in kids

**Outcome Measures:**

- Number of educational sessions/events
- Number of participants in education sessions/event

**4. Health Priority: Healthy Behaviors – Maternal Infant Health****2022/2023 Child Specific Needs Identified in CHNA:**

- When asked how parents put their child to sleep as an infant, 80% said on their back, 15% said on their stomach, 6% said with them or another person, and 4% said on their side. Three percent (3%) of parents reported they did not know.
- Nearly half (46%) of the sleep-related infant deaths in Ohio were found in an adult bed.
- Over half (52%) of the sleep-related deaths involved infants between one month and three months old.
- Fourteen percent (15%) of parents never breastfed their child

**#1 Key Objective: Improve infant vitality.****Implementation Strategies:**

1. Offer evidenced-based home visitation programing to connect women and families with medical and social services during and after pregnancy
2. Refer families and caregivers in need to the Toledo Lucas County Health Department's Cribs for Kids safe sleep program for education on safe sleep and provision of portable cribs for infants under 12 months
3. Distribute safe sleep sacks and safe sleep education to caregivers of newborns.
4. Partner with organizations in the Partners for Change initiative to coordinate resources, share best practices, and implement programs that enhance maternal and infant health outcomes

**Outcome Measures:**

- Number of patients enrolled in home visiting programs
- Number of eligible PRJECH patients referred to Cribs for Kids Program at the Toledo Lucas County Health Department to receive safe sleep education and a safe, portable crib
- Number of patients provided with safe sleep sacks with sleep education at discharge

**#2 Key Objective: Increase Breastfeeding.****Implementation Strategies:**

1. Provide no cost lactation support services through trained IBCLC staff and WIC peer support
2. Provide lactation education to the community

3. Provide referrals to both lactation staff and WIC peer support/lactation consultants
4. Staff will educate pregnant women participating in home visiting programs regarding breastfeeding and/or feeding breastmilk and use lactation consultants to sustain infants receiving breastmilk until at least 6 weeks old. This will be done by incorporating the ODH Breastfeeding/Breast Milk Initiative materials.

**Outcome Measures:**

- Number of pregnant/breastfeeding women receiving lactation support service
- Number of educational lactation sessions provided
- Number of participants at lactation education sessions
- Number of Toledo Hospital/Ebeid Children's Hospital WIC Peer Breastfeeding Counselor successful contacts to breastfeeding moms (via texts, in person, phone calls)

**OTHER NEEDS IDENTIFIED IN THE CHNA BUT NOT ADDRESSED IN THIS PLAN**

Through the Lucas County Community Health Improvement Planning Committee, the following areas were identified as not having specific programs identified in the community, other than what is provided at schools, faith-based organizations or local police programs: binge drinking, youth carrying weapons, youth involved in physical fights, youth who purposefully hurt themselves, and delaying first sexual intercourse.

ProMedica Ebeid Children's Hospital will not address all the needs identified in the most recently conducted Lucas County Health Needs Assessment as these areas either go beyond the scope of the hospital or may be addressed by, or with, other organizations in the community. To some extent limited resources do not allow hospitals to address all of the needs identified through the health assessment, but most importantly to prevent duplication of efforts and inefficient use of resources as many of these issues are addressed by other community agencies and coalitions across Lucas County that is listed in the table below. In some areas of identified need, ProMedica takes a system approach to addressing community health needs, to most efficiently use resources and to prevent duplication of services. Many health issues are addressed by physicians at a related patient visit.

Each of the health needs identified in the county assessment and listed below is important, with most issues being addressed by programs and initiatives within ProMedica, its hospitals and/or other community partners of the hospital. Key health issues identified in the Lucas County Health Assessment, and the organizations providing programming to improve these health issues include:

| <b>Health Issue</b>                          | <b>Organizations/Coalitions Addressing Needs</b>                                                                                                      |
|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| Health Care Access                           | Toledo Lucas County Commission on Minority Health<br>Toledo Lucas County CareNet                                                                      |
| Diabetes                                     | Juvenile Diabetes Research Foundation<br>ProMedica Diabetes Centers                                                                                   |
| Asthma                                       | American Lung Association<br>ProMedica Ebeid Children's Hospital                                                                                      |
| Obesity                                      | ProMedica Wellness Live Well Toledo<br>Toledo Lucas County Health Department – Healthy Youth and Families Coalition                                   |
| Alcohol and Drug Use<br>Adult/Teen Pregnancy | Lucas County Mental Health and Recovery Services Board<br>Pathways Hub                                                                                |
| Social Issues<br>Mental Health               | ProMedica Teen PEP<br>ProMedica Ebeid Children's Hospital<br>The Cullen Center for Trauma Counseling<br>NAMI                                          |
| Oral Health                                  | Toledo Lucas County Health Department<br>Dental Center of Northwest Ohio<br>Toledo Lucas County CareNet                                               |
| Minority Health                              | Toledo Lucas County Commission on Minority Health                                                                                                     |
| Youth Weight                                 | Live Well Toledo                                                                                                                                      |
| Youth Tobacco Use                            | Substance Abuse Intervention League (SAIL)<br>ProMedica Tobacco Treatment Centers Sylvania<br>Community Action Team<br>Lucas County Tobacco Coalition |
| Youth Alcohol and Drug Use                   | Substance Abuse Intervention League (SAIL)<br>Sylvania Community Action Team (SCAT)<br>D.A.R.T.                                                       |
| Youth Mental Health<br>(Bullying)            | Fostering for Healthy Communities<br>The Cullen Center<br>NAMI<br>ProMedica Teen PEP<br>ProMedica Ebeid Children's Hospital                           |

|                                     |                                                                                                                                                              |
|-------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Youth Safety and Violence           | Safe Kids Greater Toledo<br>ProMedica Teen PEP (dating/bullying)<br>Toledo Police Department                                                                 |
| Children's Health Status            | Toledo Lucas County Health Dept.<br>ProMedica Ebeid Children's Hospital<br>Mercy Children's Hospital                                                         |
| Children's Health Access            | Toledo Lucas County Health Dept.<br>Paramount Health Care<br>ProMedica Ebeid Children's Hospital Primary Care Clinic                                         |
| Early (Ages 0-5) Childhood Health   | Healthy Lucas County Early Childhood Task Force<br>Read for Literacy – Creating Young Readers<br>Help me Grow<br>ProMedica Ebeid Children's Hospital         |
| Middle (Ages 6-11) Childhood Health | Partners in Education<br>Live Well Toledo<br>Dental Center of Northwest Ohio<br>Toledo Lucas County Health Department<br>ProMedica Ebeid Children's Hospital |
| Family Functioning/Neighborhoods    | Live Well Toledo<br>Safe Kids Greater Toledo                                                                                                                 |
| Parent Health                       | Live Well Toledo<br>ProMedica Ebeid Children's Hospital                                                                                                      |

ProMedica collaborates with many of the organizations addressing these health issues, that may include ProMedica financial support. Note: other hospitals or organizations may also have programs to specifically address some of these health issues that may not be known at the time of this publication.

The Lucas County Health Community Health Improvement Planning Committee, using the Lucas County Health Needs Assessment, prioritized several health issues identified in the county health needs assessment, determining that if these issues are addressed by multiple agencies and organizations over the next three years, they could promote healthier lifestyles and safer neighborhoods for all ages, reduce chronic health diseases, and improve several socioeconomic determinants of health for Lucas County residents.



As previously stated, in some areas of identified need, ProMedica is already taking a system approach to addressing these community health needs, to most efficiently use resources and to prevent duplication of services, but in some areas of need ProMedica and ProMedica Ebeid Children's Hospital are not engaged in programs outside of related visits to our hospitals or physician offices. This ProMedica Russell J. Ebeid Children's Hospital CHNA and implementation plan was approved and adopted by the board of trustees on November 11, 2025.