



FOSTORIA COMMUNITY HOSPITAL

2025 COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN 2026-2028

Approved and Adopted by the ProMedica Fostoria Community Hospital Board of Trustees
November 17, 2025

PROMEDICA FOSTORIA COMMUNITY HOSPITAL

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EXECUTIVE SUMMARY

ProMedica Fostoria Community Hospital (FCH), a member of ProMedica Health System, is a committed health care resource in northwest Ohio, providing acute care and emergency services regardless of ability to pay. ProMedica's mission is to improve the health and well-being of the communities we serve.

ProMedica Fostoria Community Hospital participated in the 2022 County Community Health Assessment (CHA) which includes youth and adult data. Following the formal county assessment survey process, multiple community organizations collaborate to develop a prioritized Community Health Improvement Plan (CHIP) for Seneca County. ProMedica Fostoria Community Hospital has representation in this group. A gap analysis and resource assessment are completed as part of this process.

ProMedica Fostoria Community Hospital convened an internal CHNA committee to review the 2022 Seneca County plan and available health data, select and prioritize key indicators for their defined community, identify resources and gaps in these areas, and develop implementation plans to address these health issues in the community over the next three years. Implementation plans were developed with feedback from the Seneca County General Health District, to confirm these needs from a community perspective.

ProMedica Fostoria Community Hospital will specifically implement programs to address the following health needs, listed in order of priority:

1. Mental Health - Substance Abuse
2. Chronic Disease – Heart Disease, Obesity, Diabetes
3. Food and Social Needs

In addition, as part of ProMedica Health System, some community health programs are developed and implemented at the system level, with social determinants of health (including food insecurity and depression), healthy aging, infant mortality and Diversity, Equity and Inclusion identified as the focal points for 2025. The full ProMedica Fostoria Community Hospital CHNA may be accessed at <https://www.promedica.org/about-promedica/community>.

IMPLEMENTATION PLAN

The board of trustees of ProMedica Fostoria Community Hospital has determined that the following health needs (in priority order) identified in the CHNA should be addressed through the implementation strategy noted for each need. Emphasis will be placed on providing these services to underserved and uninsured populations.

1. Health Priority: Mental Health - Substance Abuse

Specific Needs Identified in CHNA:

- 3% of adults considered attempting suicide in the past year.
- <1% of adults attempted suicide in the past year.
- 13% of adults felt sad or hopeless almost every day for two weeks or more in a row.
- 34% of adults rated mental health as not good on four or more days (in the past 30 days).
- Nineteen percent (19%) of youth had seriously considered attempting suicide in the past year, and 9% attempted suicide in the past 12 months.
- Among all youth in Seneca County, 43% had ever visited a doctor, nurse, therapist, social worker, or counselor for a mental health problem.
- Seven percent (7%) of adults had used medication not prescribed for them or took more than prescribed to feel good or high and/or more active or alert during the past 6 months.
- Fifteen percent (15%) of adults who misused prescription medication did so to alleviate physical or psychological pain, increasing to 24% of those ages 65 and older.
- Seven percent (7%) of Seneca County adults had used recreational marijuana or hashish in the past 6 months.

Implementation Strategies:

1. Distribute community resource listings of mental health and substance abuse treatment services in the greater Fostoria community, to improve knowledge and access.
2. Provide education and resources related to mental health to the community.
3. Continue MedSafe “blue box” program for safe disposal of medications by the community.
4. Identify patients in need of behavioral health services and link them to local resources and services addressing their needs.
5. Partner with the HOPE Center for drug deactivation program

Outcome Measures:

- Number of resource listings distributed
- Number of individuals receiving education or resources related to mental health
- Number of pounds of medications collected and safely disposed of
- Number of patients identified and linked to behavioral health resources and services.
- Number of drug deactivation packets handed out

2. Health Priority: Chronic Disease – Heart Disease, Obesity, Diabetes

Specific Needs Identified in CHNA:

- Six percent (6%) of adults reported they had survived a heart attack or myocardial infarction, increasing to 16% of those over the age of 65.
- Six percent (6%) of adults reported they had angina or coronary heart disease, increasing to 15% of those over the age of 65.
- Four percent (4%) of adults reported they had congestive heart failure, increasing to 9% of those over the age of 65.
- Seventy-seven percent (77%) of Seneca County adults were either overweight (38%) or obese (includes severely and morbidly obese) (39%) by body mass index (BMI).
- Eleven percent (11%) Seneca County adults had been diagnosed with diabetes, increasing to 26% of those over the age of 65.
- Eleven percent (11%) of adults had been diagnosed with pre-diabetes or borderline diabetes.

Implementation Strategies:

1. Provide education and resources related to heart disease, obesity, and diabetes
2. Provide “cooking with expert” events to demonstrate healthy eating/cooking

Outcome Measures:

- Number of educational sessions
- Number of participants in education sessions
- Number of resources provided
- Number of “cooking with expert” events
- Number of participants in “cooking with expert” events

3. Health Priority: Food and Social Needs

Specific Needs Identified in CHNA:

- Thirteen percent (13%) of adults had experienced at least one issue related to hunger/food insecurity in the past year.
- Six percent (6%) of adults experienced more than one issue related to hunger/food insecurity in the past year.
- Nine percent (9%) of Seneca County adults needed help meeting their general daily needs such as food, clothing, shelter or paying for utilities in the past month, increasing to 24% of those with incomes less than \$25,000.

Implementation Strategies:

1. Screen patients on admission and outpatient setting for food insecurity and offer community food resources
2. Provide a food pantry for employees in need
3. Provide food pantry for hospital employees in need of additional food for their families.

Outcome Measures:

- Number of patients provided with food bag and county food agency
- Number of inpatients who screened positive for food insecurity, and accepted food at discharge including county food resources.
- Number of employees accessing food

OTHER NEEDS IDENTIFIED IN THE CHNA BUT NOT ADDRESSED IN THIS PLAN

Through the Seneca County Health Alliance CHIP process, the following areas were identified as not having specific programs identified in the community: work assistance for the unemployed, underage drinking, binge drinking, prescription drug use and misuse, youth carrying weapons, youth involved in physical fights, youth who purposefully hurt themselves, youth violence at school, youth violence in neighborhoods, youth marijuana use, delaying first sexual intercourse, prevention/intervention for violence in neighborhoods.

ProMedica Fostoria Community Hospital will not address all the needs identified in the most recently conducted Seneca County Health Needs Assessment as these areas either go beyond the scope of the hospital or may be addressed by, or with, other organizations in the community. To some extent limited resources do not allow hospitals to address all of the needs identified through the health assessment, but most importantly to prevent duplication of efforts and inefficient use of resources as many of these issues are addressed by other community agencies and coalitions across Seneca County that are listed in the table below. In some areas of identified need, ProMedica takes a system approach to addressing community health needs to most efficiently use resources and to prevent duplication of services. In addition, many health issues are addressed by physicians at a related patient visit.

Each of the health needs identified in the county assessment and listed below is important, with many issues being addressed by programs and initiatives within ProMedica, its hospitals and/or other community partners of the hospital. Key health issues identified in the most recent Seneca County Health Needs Assessment, and the organizations providing programming to improve these health issues include:

Health Issue (adult unless specified)	Organizations/Coalitions Addressing Needs
Health Status	Seneca County General Health District Health care providers and hospitals
Health Care Coverage	
Health Care Access	Hospitals, Health Centers, Urgent Care, Provider Offices
Cardiovascular Health	American Heart Association ProMedica Fostoria Hospital Cardiac Rehab
Cancer	American Cancer Association ProMedica Fostoria Hospital Cancer Center
Diabetes	ProMedica Fostoria Hospital Diabetes Education

Arthritis	Arthritis Foundation
Asthma	ProMedica Fostoria Hospital Pulmonary Rehab American Lung Association
Adult Weight Status	Weight Watchers Geary Family YMCA
Tobacco Use	ProMedica Fostoria Hospital Respiratory Care
Alcohol and Drug Use	Firelands Counseling & Recovery Services
Women's Health	Susan G. Komen Foundation* Seneca County General Health District
Men's Health	ProMedica Physician Group
Preventive Medicine	Seneca County General Health District

	ProMedica Fostoria Hospital (flu clinics), Provider Offices
Adult Sexual Behavior	Seneca County General Health District
Adult Pregnancy	Seneca County General Health District
Quality of Life	Multiple agencies and programs address related issues
Social Issues	ProMedica
Mental Health	NAMI ProMedica Behavioral Health department Firelands Counseling & Recovery Services Mental Health & recovery Services Board of Seneca, Sandusky & Wyandot Counties
Oral Health	Seneca County General Health District, Community Health Services
Youth Alcohol and Drug Use	Firelands Counseling & Recovery Services
Youth Sexual Behavior	Seneca County General Health District
Youth Mental Health	NAMI ProMedica Behavioral Health department Firelands Counseling & Recovery Services Mental Health & recovery Services Board of Seneca, Sandusky & Wyandot Counties
Youth Safety/Violence	First Step, Tiffin, Ohio Seneca County Juvenile Court Firelands Counseling & Recovery Services Local school districts
Parenting	Seneca County General Health District

ProMedica collaborates with organizations addressing these health issues, that may also include ProMedica financial support. Note: other hospitals or organizations may also have programs to specifically address some of these health issues that may not be known at the time of this publication.

The Seneca County Health Alliance, using the Seneca County Health Assessment and previous Community Health Improvement Plan (new plan pending), prioritized several health issues, determining that if these issues are addressed by multiple agencies and organizations over the

next three years, they could promote healthier lifestyles and safer neighborhoods for all ages, reduce chronic health diseases, and improve several social determinants of health for Seneca County residents. ProMedica Fostoria Community Hospital is collaborating with other county efforts to address health issues identified in the county plan.

This ProMedica Fostoria Community Hospital implementation plan was approved and adopted by the board of trustees on November 17, 2025.