



PROMEDICA FOSTORIA COMMUNITY HOSPITAL

2019 COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN 2020-2022

Approved and Adopted by the ProMedica Fostoria Community Hospital Board of Trustees
November 12, 2019

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EXECUTIVE SUMMARY

ProMedica Fostoria Community Hospital (FCH), a member of ProMedica Health System, is a committed health care resource in northwest Ohio community, providing acute care and emergency services regardless of ability to pay. ProMedica's mission is to improve the health and well-being of the communities we serve.

ProMedica Fostoria Community Hospital conducted and adopted the current community health needs assessment (CHNA) in 2019. ProMedica Fostoria Community Hospital participated in the 2016 Seneca County Community Needs Assessment which included youth and adult data (Note: the new 2019 Seneca County Community Health Assessment and primary data was not released at the time of this publication so the draft was used after the Seneca County Health Needs Assessment representative from ProMedica Fostoria Community Hospital attended the review meeting and it was determined that the content would not change). One area of weakness was the relative age of available secondary and public health data. Following the formal county assessment survey process, multiple community organizations collaborated to develop a prioritized strategic plan for Seneca County, with ProMedica Fostoria Community Hospital represented on the community strategic planning group. A gap analysis and resource assessment was compiled as part of this process.

ProMedica Fostoria Community Hospital convened a CHNA committee in 201019 to review the 2019 Seneca County plan and available health data, select and prioritize key indicators for their defined community, identify resources and gaps in these areas, and develop implementation plans to address these health issues in the community over the next three years. Strategic plans were developed with feedback from the Seneca County Health Department, to confirm these needs from a community perspective.

ProMedica Fostoria Community Hospital will specifically implement programs to address the following health needs, listed in order of priority:

1. Mental Health
2. Chronic Disease - Healthy Eating
3. Social Determinants of Health - Food Insecurity

In addition, as part of ProMedica health system, some community health programs are developed and implemented at the system level, with diabetes, infant mortality, obesity/hunger and mental health identified as the focal points for 2016. The full ProMedica Fostoria Community Hospital CHNA may be accessed at <https://www.promedica.org/Pages/about-us/default.aspx>

IMPLEMENTATION PLAN

The board of trustees of ProMedica Fostoria Community Hospital has determined that the following health needs (in priority order) identified in the CHNA should be addressed through the implementation strategy noted for each such need. Emphasis will be placed on providing these services to underserved and uninsured populations.

1. Mental Health

Key objective: Increase patient and family knowledge of community resources related to mental health needs

Specific Needs Identified in CHNA:

- 3% (6%, 4%, 4%) of adults considered attempting suicide in the past year (no state or U.S. comparisons were available).
- 34% (27%, 23%, 21%) of youth grades 7-12, and grades 9-12, felt sad or hopeless almost every day for 2 or more weeks in a row so that they stopped doing some usual activities in the past 12 months, vs. 32% in the U.S.

Implementation Strategies:

1. Update and distribute community resource listing of mental health and addiction services in the greater Fostoria community. Placing in hospital and Emergency Department waiting areas, and other community programs
2. Implement a social calling program for patients screening at high risk for social isolation
3. Collaborate with community organizations, including schools and the YMCA, to determine need for youth mental health programming in the community

Outcome Measures:

- Number of resource listings distributed
- Number of patients enrolled in social call program
- Number of organizations collaborating on mental youth programming

2. Chronic Disease – Healthy Eating

Specific Needs Identified in CHNA:

- 39% (35%, 35%, 41%) % of adults were overweight based on BMI vs. 34% in Ohio and 35% in the U.S.
- 39% (39%, 36%, 27%) of adults were obese based on BMI vs. 34% in Ohio and 32% in the U.S.
- 19% (19%, 17%, 13%) of youth were obese according to BMI increasing to 21% in grades 9-12, vs. 15% in the U.S.
- 18% (12%, 14%, 14%) of youth were overweight according to BMI with 17% youth grades 9-12 overweight, vs. 15% for the U.S.

Implementation Strategies:

1. Provide free diabetes seminars quarterly to provide basics of diabetes management - target patients with pre-diabetes and gestational diabetes, through promotion and physician offices
2. Support community Cooking Matters program to teach individuals healthy cooking per standard curriculum.

Outcome Measures:

- Number of educational sessions and total participants

3. Social Determinants of Health – Food Insecurity**Specific Needs Identified in CHNA:**

- (7%) of adults needed help meeting their general daily needs such as food, clothing, shelter or paying for utilities in the past month, increasing to 24% of those with incomes less than \$25,000.

Implementation Strategies:

1. Outpatient screening and referrals to food agencies to improve food access
2. Inpatient screening and provision of food and food resources, at discharge for patients screening at high risk for food insecurity
3. Provide food pantry for hospital employees in need of additional food for their families

Outcome Measures:

- Number of patients referred from outpatient clinical offices
- Number of inpatients provided food and food resources at discharge
- Number of hospital employees accessing employee food

OTHER NEEDS IDENTIFIED IN THE CHNA BUT NOT ADDRESSED IN THIS PLAN

Through the Seneca County Health Alliance CHA process, the following areas were identified as not having specific programs identified in the community: work assistance for the unemployed, underage drinking, binge drinking, prescription drug use and misuse, youth carrying weapons, youth involved in physical fights, youth who purposefully hurt themselves, youth violence at school, youth violence in neighborhoods, youth marijuana use, delaying first sexual intercourse, prevention/intervention for violence in neighborhoods.

ProMedica Fostoria Community Hospital will not address all of the needs identified in the most recently conducted Seneca County Health Needs Assessment as these areas either go beyond the scope of the hospital or may be addressed by, or with, other organizations in the community. To some extent limited resources do not allow hospitals to address all of the needs identified

through the health assessment, but most importantly to prevent duplication of efforts and inefficient use of resources as many of these issues are addressed by other community agencies and coalitions across Seneca County that are listed in the table below. In some areas of identified need, ProMedica takes a system approach to addressing community health needs, to most efficiently use resources and to prevent duplication of services. Many health issues are addressed by physicians at a related patient visit.

Each of the health needs identified in the county assessment and listed below is important, with most issues being addressed by programs and initiatives within ProMedica, its hospitals and/or other community partners of the hospital. Key health issues identified in the Seneca County Health Needs Assessment, and the organizations providing programming to improve these health issues include:

Health Issue (adult unless specified)	Organizations/Coalitions Addressing Needs (*indicates ProMedica collaboration and support)
Health Status	
Health Care Coverage	
Health Care Access	
Cardiovascular Health	American Heart Association* ProMedica Wellness ProMedica Heart and Vascular Institute
Cancer	American Cancer Association* ProMedica Cancer Institute
Diabetes	ProMedica Diabetes Centers
Arthritis	Arthritis Foundation
Asthma	American Lung Association*
Adult Weight Status	ProMedica Healthy Conversation Maps ProMedica Wellness Weight Watchers* Geary Family YMCA*
Tobacco Use	ProMedica Tobacco Treatment Centers
Alcohol and Drug Use	Firelands Counseling & Recovery Services
Women's Health	Susan G. Komen Foundation* ProMedica Cancer Institute
Men's Health	ProMedica Cancer Institute
Preventive Medicine	Seneca County Health Department ProMedica Wellness (flu clinics) ProMedica Cancer Institute ProMedica Heart & Vascular Institute Health Ministry Program*
Adult Sexual Behavior	Seneca County Health Department
Adult Pregnancy	
Quality of Life	Multiple agencies and programs address related issues ProMedica Advocacy Fund

Social Issues	
Mental Health	NAMI* Firelands Counseling & Recovery Services Mental Health & recovery Services Board of Seneca, Sandusky & Wyandot Counties
Oral Health	Seneca County Health Department
Youth Weight	ProMedica Healthy Conversation Maps Project Success Riley School
Youth Tobacco Use	ProMedica Tobacco Treatment Programs
Youth Alcohol and Drug Use	Firelands Counseling & Recovery Services
Youth Sexual Behavior	Seneca County Health Department
Youth Mental Health	NAMI Firelands Counseling & Recovery Services Mental Health & recovery Services Board of Seneca, Sandusky & Wyandot Counties
Youth Safety/Violence	First Step, Tiffin, Ohio Seneca County Juvenile Court Firelands counseling and Recovery Services Local school districts
Parenting	Seneca Health Department

An asterisk (*) above indicates ProMedica participation with organizations addressing these health issues, that may include ProMedica financial support. Note: other hospitals or organizations may also have programs to specifically address some of these health issues that may not be known at the time of this publication.

The Seneca County Health Alliance, using the Seneca County Health Assessment and Community Health Improvement Plan, prioritized several health issues, determining that if these issues are addressed by multiple agencies and organizations over the next three years, they could promote healthier lifestyles and safer neighborhoods for all ages, reduce chronic health diseases, and improve several socioeconomic determinants of health for Seneca County residents. ProMedica Fostoria Community Hospital has selected food insecurity, a social determinant of health affecting chronic disease, as one of its priorities, and is participating in other county efforts to address health issues identified in the county plan.

As previously stated, in some areas of identified need, ProMedica is already taking a system approach to addressing these community health needs, to most efficiently use resources and to prevent duplication of services, but in some areas of need ProMedica and ProMedica Fostoria Community Hospital are not engaged in programs outside of related visits to our hospitals or physician offices. This ProMedica Fostoria Community Hospital implementation plan was approved and adopted by the board of trustees on November 12, 2019.