

PROMEDICA FOSTORIA COMMUNITY HOSPITAL

2016 COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN 2017-2019



Approved and Adopted on December 12, 2016

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EXECUTIVE SUMMARY

ProMedica Fostoria Community Hospital (FCH), a member of ProMedica health system, is a committed health care resource in northwest Ohio community, providing acute care and emergency services regardless of ability to pay. ProMedica's mission is to improve the health and well-being of the communities we serve.

ProMedica Fostoria Community Hospital conducted and adopted the current community health needs assessment (CHNA) in 2016. ProMedica Fostoria Community Hospital participated in the 2013 Seneca County Needs Assessment which included youth and adult data (Note: the new 2016 Seneca County Health Assessment and primary data was not released at the time of this publication). One area of weakness was the relative age of available secondary and public health data. Following the formal county assessment survey process, multiple community organizations collaborated to develop a prioritized strategic plan for Seneca County, with ProMedica Fostoria Community Hospital represented on the community strategic planning group. A gap analysis and resource assessment was compiled as part of this process.

ProMedica Fostoria Community Hospital convened a CHNA committee in 2016 to review the 2013 Seneca County plan and available health data, select and prioritize key indicators for their defined community, identify resources and gaps in these areas, and develop implementation plans to address these health issues in the community over the next three years. Strategic plans were developed with feedback from the Seneca County Health Department, to confirm these needs from a community perspective.

ProMedica Fostoria Community Hospital will specifically implement programs to address the following health needs, listed in order of priority:

1. Mental Health/Addiction
2. Hunger/Obesity – Related to Chronic Diseases

In addition, as part of ProMedica health system, some community health programs are developed and implemented at the system level, with diabetes, infant mortality, obesity/hunger and mental health identified as the focal points for 2016. The full ProMedica Fostoria Community Hospital CHNA may be accessed at <https://www.promedica.org/Pages/about-us/default.aspx>

IMPLEMENTATION PLAN

The board of trustees of ProMedica Fostoria Community Hospital has determined that the following health needs (in priority order) identified in the CHNA should be addressed through the implementation strategy noted for each such need. Emphasis will be placed on providing these services to underserved and uninsured populations.

1. Hunger/Obesity- Related to Chronic Disease

Increase patient and employee access to healthy foods.

Specific Needs Identified in CHNA:

- 36% of Seneca County adults were obese based on BMI. The 2011 BRFSS indicates that 30% of Ohio and 28% of U.S. adults were obese by BMI.
- 20% of Seneca County Youth (9th – 12th grade) were obese based on BMI. The 2007 YRBSS indicates 15% in Ohio and the 2009 YRBSS indicates 13% for the U.S.

Implementation Strategies:

1. Ensure food insecurity screening questions are included at designated physician offices.
2. Continue food pantry at FCH for employees. Outcome: track number of employees serviced.
3. Screen all inpatients for food insecurities, and provide a short supply of food on discharge, as needed.
4. Provide patients with a listing of food agencies/resources in the area for ongoing food assistance.

FOOD INSECURITY Outcome Measures:

- Monitor use of food insecurity screening questions at designated physician offices
- Track number of employees utilizing designated food pantry
- Number of inpatients screened and provided with a short supply of food on discharge
- Number of food agency/resource listings printed and distributed

2. Mental Health/Addiction

Update and provide mental health and addiction resources to hospital visitors and the community, at large, to improve access to treatment.

Specific Needs Identified in CHNA:

- 7% of 6th-12th grade youth used medication that were not prescribed for them or took more than prescribed to get high, increasing to 19% over the age of 17.
- 10% of Seneca County 6th-12th grade youth had seriously considered attempting suicide in the past year and 4% admitted actually attempting suicide in the past year.

- 4% (4%) of Seneca County adults considered attempting suicide in the past year.
- 4% of adults used medication not prescribed for them or they took more than prescribed to feel good or high and/or more active or alert during the past 6 months, increasing to 7% of those over the age of 65.
- When asked about their frequency of medication misuse in the past six months, 44% of Seneca County adults who used these drugs did so almost every day, and 28% did so less than once a month.

Implementation Strategies:

1. Monitor PHQ2 form implemented in ProMedica Physician offices to educate physicians and staff, as needed, to improve screening.
2. Update current mental health and addiction resource information and place in PPG waiting rooms, as well as in our ER and inpatient area for mental health and addiction treatment services in community.
3. Provide mental health and addiction resource information at community events.

MENTAL HEALTH/DRUG ABUSE Outcome Measures:

- Percentage of ProMedica physicians utilizing PHQ2 form, in practices that it is implemented
- Resource information is updated annually
- Number of community events where mental health/addiction resource information is distributed

OTHER NEEDS IDENTIFIED IN THE CHNA BUT NOT ADDRESSED IN THIS PLAN

Through the Seneca County Health Alliance CHA process, the following areas were identified as not having specific programs identified in the community: work assistance for the unemployed, underage drinking, binge drinking, prescription drug use and misuse, youth carrying weapons, youth involved in physical fights, youth who purposefully hurt themselves, youth violence at school, youth violence in neighborhoods, youth marijuana use, delaying first sexual intercourse, prevention/intervention for violence in neighborhoods.

ProMedica Fostoria Community Hospital will not address all of the needs identified in the most recently conducted Seneca County Health Needs Assessment as these areas either go beyond the scope of the hospital or may be addressed by, or with, other organizations in the community. To some extent limited resources do not allow hospitals to address all of the needs identified through the health assessment, but most importantly to prevent duplication of efforts and inefficient use of resources as many of these issues are addressed by other community agencies and coalitions across Seneca County that are listed in the table below. In some areas of identified need, ProMedica takes a system approach to addressing community health needs, to most efficiently use resources and to prevent duplication of services. Many health issues are addressed by physicians at a related patient visit.

Each of the health needs identified in the county assessment and listed below is important, with most issues being addressed by programs and initiatives within ProMedica, its hospitals and/or other community partners of the hospital. Key health issues identified in the Seneca County Health Needs Assessment, and the organizations providing programming to improve these health issues include:

Health Issue (adult unless specified)	Organizations/Coalitions Addressing Needs (*indicates ProMedica collaboration and support)
Health Status	
Health Care Coverage	
Health Care Access	
Cardiovascular Health	American Heart Association* ProMedica Wellness ProMedica Heart and Vascular Institute
Cancer	American Cancer Association* ProMedica Cancer Institute
Diabetes	ProMedica Diabetes Centers
Arthritis	Arthritis Foundation
Asthma	American Lung Association*
Adult Weight Status	ProMedica Healthy Conversation Maps ProMedica Wellness Weight Watchers* Geary Family YMCA*
Tobacco Use	ProMedica Tobacco Treatment Centers
Alcohol and Drug Use	Firelands Counseling & Recovery Services
Women's Health	Susan G. Komen Foundation* ProMedica Cancer Institute
Men's Health	ProMedica Cancer Institute
Preventive Medicine	Seneca County Health Department ProMedica Wellness (flu clinics) ProMedica Cancer Institute ProMedica Heart & Vascular Institute Health Ministry Program*
Adult Sexual Behavior	Seneca County Health Department
Adult Pregnancy	
Quality of Life	Multiple agencies and programs address related issues ProMedica Advocacy Fund
Social Issues	
Mental Health	NAMI* Firelands Counseling & Recovery Services Mental Health & recovery Services Board of Seneca, Sandusky & Wyandot Counties
Oral Health	Seneca County Health Department
Youth Weight	ProMedica Healthy Conversation Maps

	Project Success Riley School
Youth Tobacco Use	ProMedica Tobacco Treatment Programs
Youth Alcohol and Drug Use	Firelands Counseling & Recovery Services
Youth Sexual Behavior	Seneca County Health Department
Youth Mental Health	NAMI Firelands Counseling & Recovery Services Mental Health & recovery Services Board of Seneca, Sandusky & Wyandot Counties
Youth Safety/Violence	First Step, Tiffin, Ohio Seneca County Juvenile Court Firelands counseling and Recovery Services Local school districts
Parenting	Seneca Health Department

An asterisk (*) above indicates ProMedica participation with organizations addressing these health issues, that may include ProMedica financial support. Note: other hospitals or organizations may also have programs to specifically address some of these health issues that may not be known at the time of this publication.

The Seneca County Health Alliance, using the Seneca County Health Assessment, prioritized several health issues, determining that if these issues are addressed by multiple agencies and organizations over the next three years, they could promote healthier lifestyles and safer neighborhoods for all ages, reduce chronic health diseases, and improve several socioeconomic determinants of health for Seneca County residents. ProMedica Fostoria Community Hospital has selected Hunger/Obesity, a social determinant of health affecting chronic disease, as one of its priorities, and is participating in other county efforts to address health issues identified in the county plan.

As previously stated, in some areas of identified need, ProMedica is already taking a system approach to addressing these community health needs, to most efficiently use resources and to prevent duplication of services, but in some areas of need ProMedica and ProMedica Fostoria Community Hospital are not engaged in programs outside of related visits to our hospitals or physician offices. This ProMedica Fostoria Community Hospital implementation plan was approved and adopted by the board of trustees on December 12, 2016.