



CHARLES & VIRGINIA HICKMAN HOSPITAL

2025 COMMUNITY HEALTH NEEDS ASSESSMENT 2026-2028 IMPLEMENTATION PLAN

Approved and Adopted by the ProMedica Charles & Virginia Hickman Board of Trustees
November 17, 2025

PROMEDICA CHARLES & VIRGINIA HICKMAN HOSPITAL

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EXECUTIVE SUMMARY

ProMedica Charles & Virginia Hickman Hospital, members of ProMedica Health System, is a committed healthcare resources in southeast Michigan, providing acute care and emergency services to patients, regardless of ability to pay. ProMedica's mission is to improve the health and well-being of the communities we serve.

ProMedica Charles & Virginia Hickman Hospital conducted and adopted the current community health needs assessment (CHNA) in 2025, which is based on data collected in the Lenawee County Health Assessment (CHA) conducted in 2020. To maintain complete objectivity throughout the county CHA survey process, the network engaged the expert services of the Hospital Council of Northwest Ohio to administer the survey and compile the results. Following the formal county assessment survey process, the Lenawee Health Network, comprised of multiple community organizations, collaborated to develop a community health improvement plan (CHIP) for Lenawee County, with ProMedica Bixby and Herrick Hospitals represented on this CHIP committee. A gap analysis and resource assessment were conducted as part of this process.

Following the Lenawee County strategic planning process, ProMedica Charles & Virginia Hickman Hospital convened a CHNA committee to review this county plan and available health data, select and prioritize key indicators for their defined community and develop implementation plans to address these prioritized health issues in the community over the next three years. Implementation plans were developed with feedback from key community stakeholders, to confirm these needs from a community perspective.

ProMedica Charles & Virginia Hickman Hospital will specifically implement programs to address the following priority health needs, listed in order of priority order for each hospital, prioritized through ranking methodology:

1. Mental Health
2. Chronic Conditions
3. Preventative Health – Women's Health
4. Food and Social Needs

ProMedica Charles & Virginia Hickman Hospital will also collaborate with the Lenawee Health Network to support its CHIP strategic initiatives. In addition, as part of the ProMedica health system, some community health programs are developed and implemented at the system level, with social determinants of health, infant mortality, healthy aging and Diversity, Equity and

Inclusion identified as the focal points for the system. The ProMedica Charles & Virginia Hickman Hospital CHNA may be accessed at:

<https://www.promedica.org/about-promedica/community>

IMPLEMENTATION PLAN

The Board of Trustees of ProMedica Charles & Virginia Hickman Hospital has determined that the following health needs (in priority order, prioritized through ranking methodology) identified in the CHNA should be addressed through the implementation strategy noted for each such need:

1. Health Priority: Mental Health

Specific Needs Identified in CHNA:

- Rated mental health not good on four or more days – increasing from 22% to 28%.
- In 2020, 4% of Lenawee County adults considered attempting suicide.
- Thirty-four percent (34%) of adults reported they or a family member were diagnosed with, or treated for, anxiety or emotional problems.
- Lenawee County opioid-related overdose deaths increased from 1 death in 2013 to 11 deaths in 2017 (most recent data).

Key Objectives:

- Increase community disposal of unused prescription and non-prescription drugs legally and responsibly.
- Improve knowledge of access to substance abuse treatment and support programs.
- Increase awareness and prescription of alternatives to opioids.

Implementation Strategies:

1. Provide postpartum depression education
2. Continue the Alternatives to Opioids (ALTO) to decrease the volume of opioid prescriptions at discharge
3. Continue meetings with legal representation, Community Mental Health and first responders to assess community needs and linkages to resources
4. Update Lenawee Mental Health Resource Guide annually & distribute to community
5. Continue naloxone distribution program in the emergency department & education with local law enforcement
6. Continue hosting Drug Take Back Day events and the MedSafe disposal site in the emergency department for medication disposal
7. Continue hosting Drug Take Back Day events and the MedSafe disposal site in the emergency department for medication disposal.

Outcome Measures:

- Number of postpartum depression education sessions
- Number of participants in postpartum education sessions
- Decreasing trend of opioids prescribed in the community for pain management
- Number of meetings to assess related to community needs and linkages to resources
- Number of sectors participating in meetings
- Number of trainings and education materials provided to partners
- Date mental health resource guide update is complete, and number of resource guides distributed
- Number of patients receiving naloxone in the emergency department
- Number of pounds of unused prescription drugs collected and disposed of safely from Med Safe Blue Box in hospital
- Number of pounds of unused prescription drugs collected and disposed of safely from Drug Take Back Days
- Number of community members participating in Drug Take Back Days

Collaborations:

- Lenawee Substance Abuse Prevention Coalition.

2. Health Priority: Chronic Conditions**Specific Needs Identified in CHNA:**

- Told by a doctor they have diabetes – increasing from 8% to 13% over the last three survey periods, with 11% for state and U.S.
- Had been told their blood cholesterol was high – increasing from 35% to 39% over the last three survey periods, compared to 35% for state and 39% for the U.S.
- Had their blood cholesterol checked with the last five years - increasing from 80% to 84% over the last three survey periods, vs. 91% for the state and 87% for the U.S.
- Current smoker - increased from 13% to 16% since the last period.

Key Objectives:

- Reduce onset of chronic conditions including heart disease, stroke, respiratory disease, type two diabetes, and certain cancers that are some of the leading causes of preventable death.
- Reduce hospitalizations related to complications from respiratory disease through prevention education, tobacco cessation, and awareness of Chronic Obstructive Pulmonary Disease (COPD).
- Increase the early detection and awareness of cardiovascular disease and diabetes.
- Empower individuals to self-monitor conditions as part of proactive health management

Implementation Strategies:

1. Provide education on weight management
2. Partner with the Veggie Mobile to provide education and information
3. Partner with Girl Trek to provide education during health walks
4. Provide education at blood drives
5. Provide stroke education at senior centers
6. Provide community with education pertaining to respiratory health (smoking/vaping, COPD, Great American Smoke Out - 8th grade)
7. Collaborate with senior centers and community locations to provide health related education, screenings, self-monitoring resources (stroke, blood pressure, CHF, diabetes)
8. Collaborate with community partners to host evidence-informed workshops at ProMedica Farms for patients and community members.

Outcome Measures:

- Number of educational sessions/events with community
- Number of participants receiving education
- Number of community members receiving no cost health screenings
- Number of health education workshops held
- Number of participants at workshops

Collaborations:

Lenawee Health Network

3. Health Priority: Preventative Health – Women’s Health**Specific Needs Identified in CHNA:**

- Almost half (48%) of women had a mammogram at some time in their life, and twenty-six percent (26%) had this screening in the past year.
- • Forty-eight percent (48%) of women ages 40 and over had a mammogram in the past year, and 63% had one in the past two years.
- Almost three-fourths (74%) of Lenawee County women had a clinical breast exam at some time in their life, and 35% had one within the past year. Sixty percent (60%) of women ages 40 and over had a clinical breast exam in the past two years.
- Eighty-eight percent (88%) of women ages 21-65 had a Pap smear test at some time in their life, and 26% reported having had the exam in the past year. Seventy percent (70%) of women ages 21-65 had a Pap smear in the past three years.

Key Objectives:

- Improve the percentage of women receiving recommended screenings (mammograms, clinical breast exams, Pap smears) within guideline timeframes.
- Provide comprehensive prenatal, antenatal, and postpartum education to improve maternal health outcomes.
- Educate women on proper medication management during pregnancy and postpartum.

Implementation Strategies:

1. Provide prenatal, antenatal, and postpartum education
2. Partner with Care Pregnancy Center to provide education
3. Provide education on medication management

Outcome Measures:

- Number of prenatal, antenatal, and postpartum education sessions provided
- Number of participants at prenatal, antenatal, and postpartum education sessions
- Number of education sessions provided with Care Pregnancy Center
- Number of participants attending education sessions with Care Pregnancy Center
- Number of educations on medication management provided
- Number of participants attending education sessions on medication management

Collaborations:

Care Pregnancy Center

4. Health Priority: Food and Social Needs**Specific Needs Identified in CHNA:**

- In the past month, 7% of Lenawee County adults reported needing help meeting general daily needs such as food, clothes, shelter, or paying for utility bills.
- Adults reported the following barrier in consuming fruits and vegetables: too expensive (7%)
- Income-related disparities exist, with 7% of adults who live at or below the poverty level meeting the daily vegetable recommendation, compared to 11.4% of adults with the highest household incomes.
- Lenawee County adults experienced the following food insecurity issues during the past year: had to choose between paying bills and buying food (5%), went hungry/ate less to provide more food for their family (5%), loss of income led to food insecurity issues (3%), food assistance was cut (2%), worried food would run out (1%), and were hungry but did not eat because they did not have money for food (1%).

Key Objectives:

- Link patients to local resources addressing Social Determinants of Health
- Reduce hospital readmissions and hospitalization from complications related to unmet basic needs.
- Increase knowledge of local resources available and addressing Social Determinants of Health.
- Decrease food insecurity among patient populations.

Implementation Strategies:

1. Continue Farm/Veggie Mobile program to provide access to fresh produce and education
2. Screen inpatients on admission for food insecurity and offer community food resources
3. Continue partnership with Michigan Transportation Connection to provide complementary transport to patients at discharge screening positive for transportation insecurity
4. Refer patients to resources addressing food insecurity.

Outcome Measures:

- Number of patients receiving transportation at discharge
- Number of patients receiving meals at discharge.
- Number of residents served by the Veggie Mobile
- Number of Veggie Vouchers issued by discharge planning or primary care offices redeemed at Farm & Veggie Mobile
- Number of educational sessions held at ProMedica Farms
- Number of participants at educational sessions held at the Farm

Collaborations:

Michigan Transportation Connection
Community Action Agency
Lenawee Health Network

In addition to the above hospital specific strategies, ProMedica Charles & Virginia Hickman Hospital will collaborate with members of the Lenawee Health Network to support its three strategic initiatives of reducing obesity and overweight incidence, reducing opioid addiction and abuse, and improved quality of life for older adults. Updates on all of these programs under the four priority areas will be provided at least annually to hospital leadership and the Board of Trustees.

OTHER NEEDS IDENTIFIED IN THE CHNA BUT NOT ADDRESSED IN THIS PLAN

Through the Lenawee Health Network, the following areas were identified as not having adequate programs identified in the community to meet Lenawee County resident's needs: older adult social isolation, expanded services for older adults, access to healthy nutrition, youth mentoring by adults, access to physical activity in the community, substance abuse prevention, treatment and recovery services, trauma services, after school programs and activities for youth and teens, low cost and confidential family planning and STDs services, case management for children with elevated lead levels, funding/services for homeless students, mentoring system for

youth, pediatric dental services, and expansion of primary care, dental, mental health, and preventative services for uninsured/underinsured patients. Note: although this survey was sent to multiple community members, responses may not represent all related programs in the community, and some programs may have limited reach.

ProMedica Charles & Virginia Hickman Hospital will not address all the needs identified in the most recently conducted Lenawee County Health Assessment as these areas either go beyond the scope of the hospital or may be addressed by, or with, other organizations in the community. To some extent limited resources do not allow hospitals to address all of the needs identified through the health assessment, but most importantly to prevent duplication of efforts and inefficient use of resources as many of these issues are addressed by other community agencies and coalitions across Lenawee County that are listed in the table below. In some areas of identified need, ProMedica takes a system approach to addressing community health needs, to most efficiently use resources and to prevent duplication of services. Many health issues are addressed by physicians at a related patient visit.

Each of the health needs identified in the county assessment and listed below is important, with most issues being addressed by programs and initiatives within ProMedica, its hospitals and/or other community partners of the Hospital. Key health issues identified in the Lenawee County Health Assessment, and the organizations providing programming to improve these health issues include:

Health Issue (adult unless specified)	Organizations/Coalitions Addressing Needs
Health Care Access	ProMedica Charles & Virginia Hickman Hospital ProMedica Physicians Group Department on Aging Family Medical Center of Michigan Lenawee County Health Department Lenawee Community Foundation*
Cardiovascular Health	American Heart Association ProMedica Heart and Vascular Institute ProMedica Charles and Virginia Hickman Hospital
Cancer	American Cancer Society ProMedica Cancer Institute
Diabetes	ProMedica Diabetes Education Program YMCA of Lenawee County Region 2 Area Agency on Aging
Arthritis	Arthritis Foundation ProMedica Wildwood Orthopaedic & Spine Hospital YMCA of Lenawee County Region 2 Area Agency on Aging
Asthma	American Lung Association
Obesity	MSU Extension

	Adrian Public Schools Head Start Lenawee Community Foundation YMCA of Lenawee County Lenawee Department on Aging Goodwill Industries of SE Michigan American Cancer Society HOPE Community Center Boys & Girls Club ProMedica Charles and Virginia Hickman Hospital
Tobacco Use	ProMedica Wellness Lenawee County Health Department
Alcohol Use	Alcoholics Anonymous Lenawee Community Mental Health Authority
Marijuana and Other Drug Use	Lenawee Substance Abuse Coalition Lenawee Community Mental Health Authority Family Medical Center
Women's Health	Susan G. Komen Foundation ProMedica Cancer Institute ProMedica Charles and Virginia Hickman Hospital
Men's Health	ProMedica Cancer Institute
Preventive Medicine and Health Screenings	Lenawee County Health Department ProMedica Cancer Institute
Environmental Health/Disaster Preparedness	ProMedica Charles and Virginia Hickman Hospital Lenawee Medical Control Authority
Adult Sexual Behavior and Pregnancy Outcomes	Lenawee County Health Department Catholic Charities
Quality of Life	Multiple agencies and programs address related issues
Social Context and Safety	Adrian Ecumenical Forum Catholic Diocese of Lansing – Lenawee Vicariate Boys & Girls Club of Lenawee Catherine Cobb Safe House
Mental Health and Suicide	ProMedica Outpatient Behavioral Health Lenawee Community Mental Health Authority
Oral Health	Lenawee County Health Department Family Medical Center of Michigan
Youth Weight Status	YMCA of Lenawee County
Youth Tobacco Use	Boys and Girls Club Catholic Charities
Youth Alcohol Consumption	Boys and Girls Club Catholic Charities
Youth Marijuana and Other Drug Use	Boys and Girls Club Catholic Charities
Youth Sexual Behavior & Pregnancy Outcomes	Lenawee County Health Dept. Catholic Charities
Youth Mental Health and Suicide	Lenawee Community Foundation Boys and Girls Club of Lenawee

	Lenawee Intermediate School District
Youth Safety and Support	Lenawee County Sherriff Local Police Departments Lenawee County Health Department
Youth Violence	Lenawee Intermediate School District Boys and Girls Club of Lenawee
Children's Health & Functional Status	Family Medical Center of Michigan YMCA of Lenawee Lenawee Great Start Boys and Girls Club
Children's Health Insurance, Access, Utilization, & Medical Home	Lenawee County Health Department Paramount Health Care
Early Childhood (Ages 0-5)	Lenawee Great Start Lenawee County Health Department YMCA of Lenawee Boys & Girls Club of Lenawee
Middle Childhood (Ages 6-11)	Lenawee County Health Department YMCA of Lenawee Boys & Girls Club of Lenawee
Family Functioning & Neighborhood Characteristics	YMCA of Lenawee Boys and Girls Club of Lenawee
Parent Health	YMCA of Lenawee Family Medical Center of Michigan

ProMedica collaborates with many of the organizations addressing these health issues that may include ProMedica financial support. Other organizations may also have programs to specifically address some of these health issues that may not be known at the time of this publication.

The Lenawee Health Network, using the Lenawee County Health Assessment, prioritized several health issues identified in the Community Health Needs Assessment, determining that if these issues are addressed by multiple agencies and organizations over the next three years, they could promote healthier lifestyles and safer neighborhoods for all ages, reduce chronic health diseases, and improve several socioeconomic determinants of health for Lenawee County residents.

As previously stated, in some areas of identified need, ProMedica is already taking a system approach to addressing these community health needs, to most efficiently use resources and to prevent duplication of services, but in some areas of need ProMedica Charles & Virginia Hickman Hospital is not engaged in programs outside of related visits to our hospitals or physician offices. This ProMedica Charles & Virginia Hospital 2026-2028 CHNA Implementation Plan was approved by the Board of Trustees on November 17, 2025.