

**PROMEDICA WILDWOOD ORTHOPAEDIC AND SPINE HOSPITAL
COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN 2013-2015**



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EXECUTIVE SUMMARY

ProMedica Wildwood Orthopaedic and Spine Hospital (WOSH), a division of ProMedica Toledo Hospital and a member of ProMedica, is a committed healthcare resource in the northwest Ohio and southeast Michigan community, providing orthopaedic, spine and related surgical services, regardless of ability to pay. ProMedica's mission is to improve the health and well-being of the communities we serve.

ProMedica Wildwood Orthopaedic and Spine Hospital conducted and adopted the current community health needs assessment (CHNA) in 2013. ProMedica Wildwood Orthopaedic and Spine Hospital participated in the 2011/2012 Lucas County Needs Assessment which is the first Lucas County CHNA that included child, adolescent and adult data. But one area of weakness of the CHNA was the relative age (2008) of available secondary and public health data. Following the formal county assessment survey process, multiple community organizations collaborated to develop a prioritized strategic plan for Lucas County, with ProMedica Wildwood Orthopaedic and Spine Hospital represented on these community strategic planning groups, as a member of ProMedica. A resource assessment was compiled as part of this process.

Following the Lucas County strategic planning process, ProMedica Wildwood Orthopaedic and Spine Hospital convened a CHNA committee to review this county plan and available health data, select and prioritize key indicators for their defined community, identify resources and gaps in these areas, and develop implementation plans to address these health issues in the community over the next three years. Strategic plans were developed with feedback from key community stakeholders, to confirm these needs from a community perspective.

ProMedica Wildwood Orthopaedic and Spine Hospital will specifically implement programs to address the following health needs, listed in order of priority:

Obesity/Hunger Initiatives

Tobacco Use

Arthritis

In addition, as part of ProMedica health system, some community health programs are developed and implemented at the system level, with tobacco use, obesity/hunger and mental health/bullying identified as the focal points for 2013. The hospital expanded the resource assessment developed at the county level to evaluate any gaps in services to address key health issues. The ProMedica Wildwood Orthopaedic and Spine Hospital CHNA may be accessed at www.promedica.org/chna.

IMPLEMENTATION PLAN

The board of trustees of ProMedica Wildwood Orthopaedic and Spine Hospital has determined that the following health needs (in priority order) identified in the CHNA should be addressed through the implementation strategy noted for each such need as noted below. Emphasis will be placed on serving underserved, low income and minority populations, in an effort to reduce current disparities.

1. Obesity/Hunger Initiatives

Increase education regarding weight management to decrease obesity.

Specific Needs Identified in CHNA:

- 35% of Lucas county adults were obese based on BMI. The 2010 BRFSS indicates that 30% of Ohio and 28% of U.S. adults were obese by BMI.
- 3% of parents reported their child went to bed hungry at least one day per week because they did not have enough food; 1% reported their child went to bed hungry every night.

Implementation Strategies:

1. Educate the public about sugary drinks, how to read menu options in restaurants and how to read labels at the grocery store.

Year one (2013)

1. Develop program utilizing available best practices and offer at least 1 educational venue.

Year two (2014)

1. Offer at least 3 educational venues annually.

Year three (2015)

1. Offer at least 3 educational venues annually.

Outcomes Measured:

- Number of sessions held
- Number of participants at each educational session

Collect donated non-perishable food items and deliver to area food agencies for redistribution to underserved populations.

Implementation Strategies:

1. Conduct biannual Come to the Table Food Drive.

Outcome Measure

- Pounds of food donated

2. Tobacco Use

In conjunction with ProMedica Wellness, WOSH will assist in educating the public on tobacco treatment opportunities.

Implementation Strategies:

1. Determine evidenced based programs and materials, and offer at least 5 programs each year.

Year one (2013)

1. Determine program and materials.

Year two (2014)

1. Offer at least five educational programs annually.

Year three (2015)

1. Offer at least five educational programs annually.

Outcomes Measured:

- Number of sessions held
- Number of participants at each educational session

3. Arthritis

Increase bone health education to decrease risk of arthritis and osteoporosis.

Implementation Strategies:

1. In specific collaboration with Paramount Health Care, “Own the Bone” criteria will be implemented and monitored annually. WOSH initiated and is an active participant in “Own the Bone Program” in collaboration with the Orthopaedic Institute, Flower Hospital GYN Department, TTH Trauma department and Paramount Health Care.

Outcomes Measured:

- Number of participants
 - Monitor criteria
2. WOSH staff will design an educational program which can be shared in junior high schools and high schools about bone health starting in younger children.

Year one (2013)

1. Nursing staff and physical therapy staff will form a planning committee to develop the program and program materials.

Year two (2014)

1. Staff will present at least three programs annually, as applicable to local schools.

Year three (2014)

1. Staff will present at least three programs annually, as applicable to local schools.

Outcomes Measured:

- Number of educational sessions
 - Number of participants
3. For fall prevention, physical therapy staff and nursing staff will design and implement a fall prevention program that can be shared with local ECF/nursing homes.

Year one (2013)

1. Nursing staff and physical therapy staff will form a planning committee to develop the program and program materials.

Year two (2014)

1. Staff will present at least three programs annually, as applicable to local ECF/nursing homes.

Year three (2014)

1. Staff will present at least three programs annually, as applicable to local ECF/nursing homes.

Outcomes Measured:

- Number of educational programs provided annually
- Number of participants

Updates on all of these programs under the priority areas will be provided annually to hospital leadership and the board of directors.

OTHER NEEDS IDENTIFIED IN THE CHNA BUT NOT ADDRESSED IN THIS PLAN

Through the Lucas County Resource Assessment Workgroup, the following areas were identified as not having specific programs identified in the community: work assistance for the unemployed, underage drinking, binge drinking, prescription drug use and misuse, youth carrying weapons, youth involved in physical fights, youth who purposefully hurt themselves, youth violence at school, youth violence in neighborhoods, youth marijuana use, delaying first sexual intercourse, prevention/intervention for violence in neighborhoods.

ProMedica Wildwood Orthopaedic and Spine Hospital will not address all of the needs identified in the most recently conducted Lucas County Health Needs Assessment as these areas either go beyond the scope of the hospital or may be addressed by, or with, other organizations in the community. To some extent limited resources do not allow hospitals to address all of the needs

identified through the health assessment, but most importantly to prevent duplication of efforts and inefficient use of resources as many of these issues are addressed by other community agencies and coalitions across Lucas County that are listed in the table below. In some areas of identified need, ProMedica takes a system approach to addressing community health needs, to most efficiently use resources and to prevent duplication of services. In the case of tobacco use and obesity, ProMedica Wildwood Orthopaedic and Spine Hospital will focus on their patient population to expand the reach of this education. Many health issues are addressed by physicians at a related patient visit.

Each of the health needs identified in the county assessment and listed below is important, with most issues being addressed by programs and initiatives within ProMedica, its hospitals and/or other community partners of the Hospital. Key health issues identified in the Lucas County Health Needs Assessment, and the organizations providing programming to improve these health issues include:

Health Issue (adult unless specified)	Organizations/Coalitions Addressing Needs (*indicates ProMedica collaboration and support)
Health Care Access	Toledo Lucas County Commission on Minority Health* Toledo Lucas County CareNet*
Cardiovascular Health	American Heart Association* ProMedica Wellness ProMedica Heart and Vascular Institute
Cancer	American Cancer Association* ProMedica Cancer Institute
Diabetes	Juvenile Diabetes Research Foundation* ProMedica Diabetes Centers
Arthritis	Arthritis Foundation* ProMedica Wildwood Orthopaedic & Spine Hospital
Asthma	American Lung Association*
Obesity	ProMedica Healthy Conversation Maps ProMedica Wellness Live Well Toledo* Toledo Lucas County Health Department – Healthy Youth and Families Coalition*
Tobacco Use	ProMedica Tobacco Treatment Centers Lucas County Tobacco Coalition*
Alcohol and Drug Use	Lucas County Mental Health and Recovery Services Board*
Women’s Health	Susan G. Komen Foundation* ProMedica Cancer Institute
Men’s Health	ProMedica Cancer Institute
Preventive Medicine	Toledo Lucas County Health Department ProMedica Wellness (flu clinics) ProMedica Cancer Institute
Adult Sexual Behavior	Toledo Lucas County Health Department
Adult Pregnancy	Pathways*

Quality of Life	Multiple agencies and programs address related issues ProMedica Advocacy Fund
Social Issues	United Pastors for Social Empowerment* ProMedica Teen Pep
Mental Health	ProMedica Flower Hospital ProMedica Toledo Hospital NAMI*
Oral Health	Toledo Lucas County Health Department Dental Center of Northwest Ohio* Toledo Lucas County CareNet*
Minority Health	Toledo Lucas County Commission on Minority Health*
Youth Weight	ProMedica Healthy Conversation Maps Live Well Toledo
Youth Tobacco Use	Substance Abuse Intervention League (SAIL)*ProMedica Tobacco Treatment Centers Sylvania Community Action Team* Lucas County Tobacco Coalition*
Youth Alcohol and Drug Use	Substance Abuse Intervention League (SAIL)* Sylvania Community Action Team (SCAT)*
Youth Sexual Behavior	Youth Advocacy Alliance*
Youth Mental Health	Foundation for Healthier Communities*
Youth Safety and Violence	ProMedica Safe Kids of Greater Toledo ProMedica Teen PEP (dating) Toledo Police Department
Children's Health Status	Toledo Lucas County Health Dept. ProMedica Toledo Children's Hospital Mercy Children's Hospital
Children's Health Access	Toledo Lucas County Health Dept. Paramount Health Care*
Early (Ages 0-5) Childhood Health	Healthy Lucas County Early Childhood Task Force* Read for Literacy – Creating Young Readers*
Middle (Ages 6-11) Childhood Health	Partners in Education* Live Well Toledo* Dental Center of Northwest Ohio* Toledo Lucas County Health Department ProMedica Toledo Children's Hospital Asthma Program
Family Functioning/Neighborhoods	Live Well Toledo*
Parent Health	Live Well Toledo*

An asterisk (*) above indicates ProMedica participation with organizations addressing these health issues, that may include financial support, although may not be specific to ProMedica Flower Hospital. Note: other hospitals or organizations may also have programs to specifically address some of these health issues that may not be known at the time of this publication.

The Lucas County Health Strategic Planning Committee, using the Lucas County Health Needs Assessment, prioritized several health issues identified in the Community Health Needs Assessment, determining that if these issues are addressed by multiple agencies and organizations over the next three years, they could promote healthier lifestyles and safer neighborhoods for all ages, reduce chronic health diseases, and improve several socioeconomic determinants of health for Lucas County residents.

As previously stated, in some areas of identified need, ProMedica is already taking a system approach to addressing these community health needs, to most efficiently use resources and to prevent duplication of services, but in some areas of need ProMedica and ProMedica Wildwood Orthopaedic and Spine Hospital are not engaged in programs outside of related visits to our hospitals or physician offices. This ProMedica Wildwood Orthopaedic and Spine Hospital implementation plan was endorsed by the ProMedica Wildwood Orthopaedic and Spine Hospital Board on August 21, 2013 and ProMedica Toledo Hospital approved on August 28, 2013.