

Vaginitis Testing in Females <14 Years Old

Notification Date: October 17, 2025

Per the American Academy of Pediatrics report of the committee on Infectious Disease - Red Book:

- **Vaginitis and vulvitis in prepubertal girls rarely, if ever, are manifestations of organisms that are grouped as Bacterial Vaginosis (BV).**
- Vaginitis in prepubertal girls is frequently nonspecific, but possible causes include foreign bodies or infections attributable to Group A streptococcus, yeast, herpes simplex virus, *Neisseria gonorrhoeae*, *Chlamydia trachomatis*, *Trichomonas vaginalis*, or *Salmonella/Shigella*.

Vaginitis Testing Options in Females <14 years old:

- Group A Strep Culture – Epic Code: LAB236 – Performed in-house.
 - Collection: Vaginal swab collected in ESwab collection container.
- Yeast Culture – Epic Code: LAB241 – Performed in-house.
 - Collection: Vaginal swab collected in ESwab collection container.
- Herpes Virus 1&2 PCR, Lesion (if lesions are present) – Epic Code: Lab917B – Performed in-house.
 - Swab of cutaneous or mucocutaneous lesions in M4RT collection container.
- Chlamydia/GC by TMA PEDIATRIC with Reflex to CT/NG Confirmation – Epic Code: LAB245E – **Send Out Test.**
 - Urine sample collected in sterile cup.
- Trichomonas by TMA for Peds <18 years – Epic Code: LAB1380C – **Send Out Test.**
 - Urine sample collected in sterile cup.
- *Salmonella/Shigella*
 - If suspected, contact laboratory for further instruction.
- **If BV is still suspected in patients that are <14 years old AND the patient is post-pubertal:**
 - Gram Stain Nugent Score testing for BV may be an option.
 - Approval must be obtained via Secure Epic Chat with Infectious Disease Pathology Medical Director, Nicole A Hubbard, MD.
 - If secured Epic Chat is unavailable, contact the laboratory for approval.
 - Collection: Vaginal Swab collected in ESwab collection container.