# ProMedica Laboratories

*News Alert*

# Ferritin

*Notification Date: October 15, 2026*
*Effective Date: October 20, 2026*

**Test Status:** Test Change

**Test ID:** LAB68

**The lower limit of the following reference ranges will change on the effective date.**

| | Old Reference Range | New Reference Range |
|---|---|---|
| Female | 11-307 ng/mL | **30-307 ng/mL** |
| Male | 24-336 ng/mL | **30-336 ng/ml** |
| Comment | ---------- | A ferritin level of >50 ng/mL is a recommended target for high-risk patients including, but not limited to, those with abnormal uterine bleeding, upcoming surgery, or planned pregnancy |

**Explanation:**

ProMedica Laboratories updated its lower reference limit for ferritin to reflect the American Society of Hematology 2026 guidelines, enabling providers to diagnose and treat iron deficiency earlier. The summary of the guidelines state:

> Iron deficiency is a common micronutrient deficiency and may occur with or without anemia. Individuals with iron deficiency experience symptoms including but not limited to fatigue, pica, irritability, poor concentration, headaches, and restless legs syndrome. Highest risk individuals include young children and individuals who are menstruating or pregnant, with prevalence being highest in women; persons of lower socioeconomic status are disproportionately affected. Individuals with gastrointestinal conditions (e.g. celiac disease, inflammatory bowel disease, and those who have undergone bariatric surgery), dietary restrictions, blood loss or other chronic conditions (e.g. heart failure, rheumatologic disease, chronic kidney disease) are also at risk. Management includes administration of oral or intravenous iron replacement therapy as well as steps to address the underlying etiology, which may include dietary modifications and/or therapy to control or minimize blood loss. Iron deficiency is an under-recognized condition due to lack of screening in high-risk populations as well as variability in laboratory reference ranges, which often include values within the deficient range, leading to underdiagnosis and undertreatment. (Powers et al, 2026, p.4)

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