



ProMedica Cancer Institute **Healing Care Program** Exceptional cancer care close to home.

For Patients,
Families, and
Caregivers

ProMedica Cancer Institute's **Healing Care** team are specially trained to help you and your family members cope with cancer and treatment side effects.

Healing Care may help with:

- Stress, anxiety, worry and sadness.
- Constipation or diarrhea.
- Tobacco cravings.
- Nausea.
- Tired, low energy.
- Trouble Sleeping.
- Discomfort or pain.

Sessions are free for cancer patients during treatment and for up to two years following last treatment. In-person appointments at select locations are scheduled for 15 – 60 minutes in medical oncology, before or after radiation, or at another time you choose, depending on the site. Video visits are also available.

Healing Care sessions may include one or more of the following techniques:

- **Aromatherapy***
eases symptoms using essential oils.
- **Acupuncture^**
can help relieve cancer symptoms.
- **Breathing techniques***
calms the mind and body.
- **Ear seed therapy**
helps with symptoms using tiny seeds on adhesive tape to put a mild pressure on the outer ears.
- **Guided imagery***
allows the mind to focus on healing stories and images.
- **Healing touch***
balances and aligns the energy field with or without touching.
- **Healthy lifestyle***
ideas may include diet, movement, mental and/or physical health, etc.

**Services that can be provided via video visits.*

^Additional fees apply. Services provided by Natural Wellness at Icaria.

See the reverse side for session options and locations.

PROMEDICA CANCER INSTITUTE HEALING CARE LOCATIONS

To schedule an in-person appointment, please call one of our locations below.
To schedule a video visit, call **419-824-1952**.

OHIO

- 1 TOLEDO**
ProMedica Toledo Hospital
419-291-4327

ProMedica Debbie Brass
Children's Cancer Center
On the campus of ProMedica Russell J. Ebeid Children's Hospital
419-291-7815

Acupuncture Services:
Natural Wellness at Icaria
Powered by ProMedica
567-585-0775
- 2 DEFIANCE**
ProMedica Defiance Regional Hospital
Oncology/Infusion Center
419-783-6984
- 3 FOSTORIA**
ProMedica Fostoria Community Hospital
419-436-6626
- 4 FREMONT**
ProMedica Dorothy L. Kern Cancer Center
A Department of ProMedica Memorial Hospital
419-559-2700
- 5 OREGON**
ProMedica Bay Park Hospital
419-690-7976
- 6 PERRYSBURG**
ProMedica Cancer Center
A Department of ProMedica Toledo Hospital on the campus of Levis Commons
419-891-5600
- 7 SYLVANIA**
ProMedica Hickman Cancer Center
A Division of ProMedica Toledo Hospital on the campus of ProMedica Flower Hospital
419-824-1952

MICHIGAN

- 8 ADRIAN**
ProMedica Hickman Cancer Center
A Department of ProMedica Charles and Virginia Hickman Hospital
Grace Christman Medical Building
517-265-0292
- 9 COLDWATER**
ProMedica Coldwater Cancer Center
517-279-5301
- 10 MONROE**
ProMedica Monroe Cancer Center
A Department of ProMedica Monroe Regional Hospital
734-240-1800

ProMedica Monroe Regional Hospital
734-240-8835

